



Frankfort Wellness Fair

Prevention & Awareness
Saturday, February 6, 2010
9:00 AM to Noon

Founders Center
140 Oak Street - Downtown Frankfort

Refreshments ● Giveaways ● Raffle
Free health screenings and education provided

- Glucose & Cholesterol (fasting optional)
- Ask the Physician/Q & A
- Cancer Prevention Awareness
- Diabetes Awareness
- Pain Management
- Colorectal Surgery
- Durable Medial Equipment
- Blood Pressure
- Heart/Vascular/Cardio Rehab
- METT Therapy/Rehab
- Joint Program
- Osteoporosis Screening & Awareness
- Bariatric Surgery
- WellGroup HealthCenters-Frankfort

Free H1N1 (swine flu) Shots (while supplies last-max.150)

Free Health & “Cooking for a Healthy Lifestyle” Demonstrations
by Health & Nutrition Professionals!

Demonstration Schedule

GERD & EsophyX Incisionless Procedure	Immune Boosting Recipes	Live Better, Look Younger	Immune Boosting Recipes
Dr. Mark Efrusy, DO	Tina Musselman, RD	Rekha Sharma, M.D.	Tina Musselman, RD
9:30 AM (Kitchen)	10:00 AM (Main Room)	10:30 AM (Kitchen)	11:00 AM (Main Room)

Participating Sponsor



Sponsored by Village of Frankfort & Frankfort Park District
For further information visit www.villageoffrankfort.com or call (815) 469-2177